

Rockhampton Catholic Community

As we move forward & including the praying communities of: St Joseph's Cathedral, St Paul's (Gracemere), Sacred Heart (Mt Morgan), St Mary's, Holy Family and Our Lady Help of Christians
The Parishes of Rockhampton acknowledge the Darumbal & Gungalu people as the Traditional Custodians of the land on which we work, travel and live. We pay our respects to their Elders, their Ancestors and Emerging Leaders.

Seventeenth Sunday in Ordinary Time— 27 & 28 July

First Reading 2 Kings 4:42-44
They will eat and have some left over.

Responsorial Psalm 144:10-11, 15-18
R: The hand of the Lord feeds us; he answers all our needs.

Second Reading Ephesians 4:1-6
There is one body, one Lord, one faith, one baptism.

Gospel Reading: John 6:1-15
He distributed to those who were seated as much as they wanted.

Next Week's readings:

18th Sunday in Ordinary Time - 3rd & 4th August

First Reading Exodus 16:2-4, 12-15
Second Reading Ephesians 4:17, 20-24
Gospel John 6:24-35

3rd & 4th August Sunday Mass Times

Saturday	9:00am	St Joseph's Cathedral
	4:00pm	Sacred Heart, Mt Morgan
	5:00pm	Holy Family, Norman Gardens
	6:00pm	St Joseph's Cathedral
	6:00pm	Our Lady Help of Christians, Park Avenue
Sunday	6:30am	St Joseph's Cathedral
	7:00am	St Mary's, North Rockhampton
	8:00am	St Paul's, Gracemere
	9:00am	Holy Family, Norman Gardens
	9:30am	St Joseph's Cathedral
	This Mass is livestreamed and available publicly at www.youtube.com/user/StJosephsCathRton	
6:00pm	St Joseph's Cathedral	

WORLD DAY FOR GRANDPARENTS AND ELDERLY

The 4th world day for grandparents and the elderly will be celebrated on Sunday, July 28 2024. The theme for this year's celebration is "Do not cast me off in my old age." (Psalm 71:3) This day initiated by Pope Francis in 2021. It aims to combat loneliness among the elderly and highlight their valuable contribution to the church and society.

The Bible reminds us in Proverbs 16:31, "Gray hair is a crown of splendour; It is attained in the way of righteousness." This verse beautifully captures the essence of what we are celebrating today. The grey hair symbolises the years of experience, the trials overcome, and the deep, enduring faith that has been cultivated over a lifetime.

Our grandparents and elderly are the keepers of our history, the storytellers of our heritage, and the pillars of our faith. They have walked the path before us. They paved the way with their prayers, sacrifices, and love. Their lives are living testimonies of God's faithfulness and grace.

As we honour our grandparents and elderly today, let us also reflect on our responsibilities towards them. In Ephesians 6:2-3, we are reminded to "Honor your father and mother"—which includes our grandparents and all our elderly loved ones. This commandment comes with a promise: "so that it may go well with you and that you may enjoy long life on the earth." Honouring them means showing them respect, listening to their wisdom, and caring for their needs with love and compassion.

In a world that often values youth and speed, let us take this day to slow down and appreciate the beauty of age and experience. Let us thank God for the gift of our grandparents and elderly, who enrich our lives with their presence and remind us of the enduring love of God.

As we celebrate this special day here today, let us carry forward the lessons of love, patience, and faith that our grandparents and elderly have taught us. Let us make a conscious effort to include them in our lives, to seek their counsel, and to honour them in every way we can.

May God bless all our grandparents and elderly with good health, peace, and joy. May they continue to inspire us and be a living testament to God's faithfulness throughout the generations.

Fr Jomon Pothara, Associate Pastor

AFTER HOURS CLERGY CONTACT Should you require a Priest in an emergency after hours please call (07) 3830 5216

Fr Alex Varghese Parish Priest	Fr Jomon Pothara Associate Pastor	Fr Bill Senn Associate Pastor	Fr Samuel Okoroafor Associate Pastor	Fr Ashwin Acharya Associate Pastor	Fr Stephen Hanly Assisting Pastor
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Catholic Parishes of Rockhampton

Parish Secretary Trish Jones

Office Hours Monday to Friday 10am – 2pm

P 4927 6744 or E cposj.admin@rok.catholic.net.au

St Joseph's Cathedral Gift & Bookstore

Manager Helen Godwyn

Open Wed-Fri 10-3, Closed Mon & Tues & weekends

P 4921 2170 or E cathedralbookstore@rok.catholic.net.au


Website <https://www.rockhamptoncatholics.org.au/>

Street address 238 Murray Street, Allenstown 4700 or Postal PO Box 8446 Allenstown 4700

**St Anthony's School**
Norman Gardens
4994 8200
sanr_office@rok.catholic.edu.au
Principal: Michael Roach

**St Mary's School**
North Rockhampton
4994 8210
smnr@rok.catholic.edu.au
Principal: Simon Warren


**St Joseph's School**
Park Avenue
4994 8205
SJPA_Office@rok.catholic.edu.au
Principal: Bernard Fitzgerald

**Emmaus College**
North Rockhampton
4923 5700
Principal: Eamon Hannan

**St Joseph's School**
Wandal
4994 8230
sjwl@rok.catholic.edu.au
Principal: Bernadette Brennan

**St Peter's School**
Allenstown
4994 8225
spr@rok.catholic.edu.au
Principal: Peter Smith

**St Paul's School**
Gracemere
4994 8235
spgr@rok.catholic.edu.au
Principal: Anthony Greene

**The Cathedral College**
Rockhampton
4999 1300
Principal: Rob Alexander

Rockhampton Catholic Parishes

- **Baptisms** For more details on the bookings and required preparation sessions, call the Parish office P 4927 6744.
- **Marriages** For more details on the bookings and required preparation sessions, call the Parish office P 4927 6744. Advanced notice and preparation is required (6 months minimum).
- **Funerals** For more details, call the Parish office P 4927 6744 or E funerals@rok.catholic.net.au
- **Hospital Visitation** Rockhampton Base Hospital. To arrange a pastoral or sacramental visit E pastoralcare.rockhampton@rok.catholic.net.au
- **Becoming a Catholic** If you or someone you know would like to become Catholic, call the Parish office P 4927 6744 or E rcianorthrocky@gmail.com
- **Rockhampton Parishes Pastoral Council** The Rockhampton Parishes Pastoral Council (RPPC) consists of elected members from each Parish and meet regularly. For more details please speak to your parish representative or E RPPC@rok.catholic.net.au

Please remember in your prayers

Recently deceased Sr Brenda Moss, Pat Tummon, Veronica Saunders, Alan Liddell, Janette Lacey

Anniversaries Patricia Dowling, Bernice Poole, Kevin Edminstone, John Smithers, Brendan O'Brien, Kevin Hinchcliffe, Kathleen Dwyer, Grace James, Marie Downing, Monica Rheinberger

Those who are sick Rosemary Conaghan, Bonifacio Apura, Benedict Apura, Noel Melrose, Judy Marsden, Peter & Marie Mahony, Margaret Hardy, Steven Senini, Thomas Horn (Theodore), Brian Fletchett, Gwenda Casey, Jean Battour, David Logan, Eleanor Carreon, Marietta Scott, Mary Busby, Gino Abenzi, Stephen Jones, Barry Clanfield, Graham Swadling, Bev Bartlem, Michael Harris, Marion Brigg, Raymond Trevaskis, Barbara Trevaskis, Cherry Butac, Connie Waldron, Joy Liddell, Lorraine Charles, Carmel Kendall, Don & Donna Wedel, Barry Carter, Linda Samms, Narelle Beavan, Allana Brooks, Paul Barry, Penny Desouza, Michael Webb, Elaine Winter, Jeanette Allen, Annielyn Punzalan, John Manwaring, June Poole & The Poole family, John Dobson, Angela White, Tony Wilkinson, Patricia Borthwick, Patricia Fern-Smith

✠ When providing names, please indicate on which list the person needs to be.

✠ When requesting family and friends be included in the recently bereaved or sick list, ensure you have their permission.

WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

This Sunday is World Day for Grandparents and the Elderly and the theme is "Do not cast me off in my old age" (Psalm 71:9). Pope Francis exhorts us to "show our tender love for the grandparents and the elderly members of our families." We can respond by organising to call or visit grandparents in our own families or elderly people that we know, and by praying for all grandparents and elderly. To read Pope Francis' message in it's entirety scan the QR code.



Prayer for the Fourth World Day for Grandparents and the Elderly 28 July 2024

Lord, faithful God,
You who created us in Your image,
You who never leaves us alone
and who accompanies us through every season of life,
Do not abandon us, take care of us,
And grant us, once again,
The ability to discover ourselves
and recognise that we are Your children.

Renew our hearts with your Word
And do not allow anyone to be cast aside.
May your Spirit of love fill us with Your tenderness
And teach us to say:
"I will not abandon you!"
To those we meet on our journey.

With the help of your beloved Son,
may we not lose the taste for fraternity
And may we not conform to the sadness of loneliness.
Help us to look to the future with renewed hope,
And make the World Day for Grandparents and the Elderly
A day without loneliness, and a day abundant
with the first-fruits of Your peace.

Amen.



MULTICULTURAL SUNDAY 25TH AUGUST

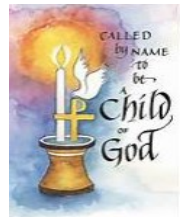
Planning has commenced for this significant day in The Rockhampton church community, Multicultural Sunday will be celebrated at the 9:30am Mass at St Joseph's Cathedral on Sunday 25th August. Followed by a shared meal showcasing flavours and customs from around the world.

If you have a national dress for your country of origin please feel free to wear it on the day to celebrate your culture and traditions with everyone.



BAPTISMS THIS WEEKEND

Please pray for Amarah Raeli, Harley & Nora Greig, Vinnie Reynolds, Chiara Andaya this weekend as they are baptised into the parish community at St Joseph's Cathedral. Please keep these children and their families in your prayers.



BOOKSTORE CLOSED NEXT TWO WEEKENDS

Due to unforeseen circumstances, The Cathedral Gift & Bookstore will be closed 27th & 28th July & 3rd & 4th August.

Weekday Mass Times

29th July —3rd August 2024

The week of 29th July to 3rd August, all Priests will be on Retreat. Limited Mass times during this week are listed below.

Monday	7:00 am	St Joseph's Cathedral
Tuesday	7:00am	St Joseph's Cathedral
Wednesday	7:00 am	St Mary's Church
Thursday	7:00 am	St Joseph's Cathedral
	4.30-6.30 pm	Adoration at St Mary's Church
Friday	10:00 am	St Joseph's Cathedral— Jubilee Mass
Saturday	9:00 am	St Joseph's Cathedral

Penance

- ✠ Saturday 9:30-10:30 am St Joseph's Cathedral
- ✠ Saturday 4:00-4:30 pm Holy Family Church

Anointing of the Sick

- ✠ 1st Saturday of the month during the 9 am Mass at St Joseph's Cathedral.
- ✠ 1st Friday of the month during the 9 am Mass at Our Lady Help of Christians, Park Avenue.

HOLY HOUR FOR VOCATIONS

When: Friday August 2 5:30pm **Where:** St Joseph's Cathedral

What: Adoration & Vespers

"A Holy Hour in front of the Blessed Sacrament is worth more than a thousand years of human glory." (St. Padre Pio).



Spend an hour with our Lord in the Blessed Sacrament praying for vocations for our Church and for our own vocations. Food & Fellowship afterwards at the parish centre. Contact Mick at 0433 897 973 or vocations@rok.catholic.net.au for more information.

GIANT BOOKSALE—Make your way to the Rocky SWAP, Rockhampton Showgrounds, SATURDAY 3rd AUGUST, WALTER PIERCE PAVILLION. All proceeds to WOORABINDA Ministry

CARE FOR OUR COMMON HOME

The next Mercy Associates Gathering will be held on Saturday 10 August commencing with Mass at 9am. Following Mass, Ms Alice Galea will be giving a background to the Laudato Si encyclicals from Pope Francis and providing some practical examples of how we can care for creation. Alice is a secondary teacher with a passion for caring for the environment and shares that passion with students at The Cathedral College.

All are welcome to come along and find out more about the spirituality of caring for our common home.

ROCKY CATHOLIC YOUTH - TERM 3 DATES

3rd August—Northside event @ Holy Family Church Hall 5pm– 8pm
16th August (Friday) - Southside event @ Cathedral Centre 6pm-8:30pm
31st August—Northside event @ Holy Family Church Hall 5pm-8pm
7th September—Southside event @ Cathedral Centre 6pm-8.30pm
19th-22nd September—Ignite Conference 24 (St Laurence's College, Bris)
For more information contact: northrockyyouth@gmail.com

SAFEGUARDING TRAINING—Postponed

The Safeguarding Training scheduled for the 12 of August has been postponed. Watch this space for the new date. Thank you for your understanding.

THURSDAY MORNING LADIES MORNING TEA

Come along and join in the fun and laughter at the monthly morning tea at Holy Family Hall from 10am, Thursday 1st August. Scrumptious morning tea, games and lots of laughter guaranteed.

ENCOUNTER SCHOOL OF MINISTRY

Diocesan Catholic Charismatic Renewal are delighted to be hosting Encounter School of Ministry who will be conducting a Winter Intensive Weekend covering the topics • Identity and transformation • Hearing God's voice and the prophetic gifts of the Holy Spirit • Power and Healing • Inner Healing and freedom. Venue Emmaus College, Rockhampton. Commencing Friday 23 August at 6pm concluding Sunday 25 August at 12.30pm. Cost, inclusive of all meals \$90 per adult, \$45 for students & young adults. To register use the <https://app.tickets.org.au/ESMbrisbane/EncounterWI>

INTERVIEW WITH JOURNALIST

After a meeting of World Council of Church (WCC) leaders to celebrate the 75th Anniversary of the WCC, Pope Francis said: "I was able to discuss many issues in depth, particularly relating to young people, since all churches are concerned about youth in a good senseHe went on to say "Issues of peace and human rights were also discussed at this same meeting". He also expressed his concern that the world was facing a "crisis of human rights - "that respect for human rights no longer engendered the force, enthusiasm or conviction, that it did 20 years ago,"

National Catholic Safeguarding Standards

The Catholic Diocese of Rockhampton abides by the principles of the National Catholic Safeguarding Standards (2022) and is committed to safeguarding, with a specific focus on protecting children and adults at risk. For further information or support please contact the Diocesan Professional Standards and Safeguarding office:

Response line 1800 830 113 (free call) or E pssomanager@rok.catholic.net.au

For more information see the Diocesan website <http://rok.catholic.net.au/our-diocese/safeguarding/>

Queensland Professional Standards Office www.psoqld.catholic.net.au/

Your Local Parish Safeguarding Representatives

Kathy Bryan – St Joseph's Cathedral Helen Mollard – Holy Family Shaun Pettett – Our Lady Help of Christians Mike Kelso – St Mary's

DATE CLAIMERS—SCHOOL REUNIONS

Emmaus—Class of 84—40 Year reunion

Saturday 10th August: The Red Lion Hotel, Rockhampton 6pm or

Saturday 17th August: The Story Bridge, Brisbane.

Contact Louise on 0429 873 073

Marian & St Stanislaus—Class of 74—50 Year reunion

Saturday 5th October: Criterion Hotel 6pm

Contact Liz on 0407 786 231 or Lyn 0431 353 873

RCIA CATECHESIS MEETINGS

RCIA Catechesis Meetings (Sundays at 4.00 – 5.30 pm at the Parish Centre) have commenced.

If interested in becoming Catholic and wishing to join these meetings, please contact the Parish Office to arrange an appointment with the Parish Priest



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