

# Rockhampton Catholic Community

**As we move forward & including the praying communities of: St Joseph's Cathedral, St Paul's (Gracemere), Sacred Heart (Mt Morgan), St Mary's, Holy Family and Our Lady Help of Christians**

*The Parishes of Rockhampton acknowledge the Darumbal & Gungalu people as the Traditional Custodians of the land on which we work, travel and live. We pay our respects to their Elders, their Ancestors and Emerging Leaders.*

## Palm Sunday of the Passion of the Lord 23rd & 24th March 2024

**Entrance:** Mark 11:1-10  
Blessed is he who comes in the name of the Lord.

**First Reading:** Isaiah 50:4-7  
I did not cover my face against insult and I know I will not be ashamed.

**Responsorial Psalm:** Psalm 21:8-9, 17-20, 23-24  
**R: My God, my God, why have you abandoned me?**

**Second Reading:** Philippians 2:6-11  
He humbled himself to become like us and God raised him on high.

**Gospel:** Mark 14:1-15:47  
The passion of our Lord Jesus Christ according to Mark

### Next Sunday's Readings: Sunday of the Resurrection

First Reading: Acts: 10:34, 37-43  
Second Reading: Col: 3:1-4  
Gospel: John: 20:1-9

### NEXT SUNDAY'S MASS TIMES:

**Saturday:** 4:00pm Sacred Heart, Mt Morgan  
5:00pm Holy Family, Norman Gardens  
6:00pm St Joseph's Cathedral  
6:30pm Our Lady Help of Christians, Park Avenue  
**Sunday:** 6:30am St Joseph's Cathedral  
7:00am St Mary's, North Rockhampton  
8:00am St Paul's, Gracemere  
9:00am Holy Family, Norman Gardens  
9:30am St Joseph's Cathedral  
This Mass is livestreamed and available publicly at - [www.youtube.com/user/StJosephsCathRton](http://www.youtube.com/user/StJosephsCathRton)  
6:00pm St Joseph's Cathedral

## Palm Sunday

The Church today celebrates this sixth Sunday of Lent as both Palm Sunday and Passion Sunday. This Passion Sunday we begin our journey through Holy Week. We have come through Lent with the timely focus on changing our lives, repenting of our lost ways, realigning our hearts, and seeking renewal and transformation in Christ. Attentive participation in the Holy Week liturgy will deepen our relationship with God, increase our Faith, and strengthen our lives as disciples of Jesus.

Today's liturgy combines contrasting moments, one of glory, the other of suffering: the royal welcome of Jesus in Jerusalem, and the rigged trial, culminating in the crucifixion, death, and burial of Christ.

So it is that now we come to the story of the passion. It tells Jesus triumphant entrance into Jerusalem riding on a borrowed colt. Jesus was hailed by the crowds as they bless God and shouted hosanna. Today's passion narrative bears some important symbols. These include the Palms and the colt.

The Palms represent the reality of Christ and his peaceful reign. It is the Symbol of victory, triumph, peace and eternal life.

The colt is a symbol of Christ' humility. Though he is a King, He chose to ride on a colt a humble animal. This is contrary to what we see today in our world. Our rulers and Kings live in prosperity while their people live in poverty. So, Christ demonstrated his humility through his solidarity with the poor and the weak.

Hosanna is an Aramaic word which could translate to praise or adoration. It means save please. It is however not a trust to just anyone but to someone who could deliver or save. Praise God for the son of David. You are the Saviour, please save us.

Today the door of the Holy Week is open for us to march with the Lord to his suffering and death as we look forward to the resurrection. These few days could make a significant change in our life. Let us prayerfully enter into this Holy Week. Have a great Palm Sunday and a rewarding Holy Week.

**Fr Alex Varghese, Parish Priest**

**CLERGY:** If you require a Priest in an emergency after hours please call (07) 3830 5216

**Fr Alex Varghese**  
Parish Priest

**Fr Jomon Poothara**  
Associate Pastor

**Fr Bill Senn**  
Associate Pastor

**Fr Samuel Okoroafor**  
Associate Pastor

**Fr Shaiju Lookose**  
Associate Pastor

**Fr Peter Doherty**  
Associate Pastor

### Catholic Parishes of Rockhampton


**Parish Secretary:** Trish Jones  
**Office Hours:** Monday to Friday 10am – 2pm  
**Ph:** 4927 6744 or **E:** [cposj.admin@rok.catholic.net.au](mailto:cposj.admin@rok.catholic.net.au)


**Website:** <https://www.rockhamptoncatholics.org.au/>

**Street address:** 238 Murray Street, Allenstown 4700 or **Postal:** PO Box 8446 ALLENSTOWN 4700

**St Anthony's School**  
Norman Gardens  
4994 8200  
[sanr\\_office@rok.catholic.edu.au](mailto:sanr_office@rok.catholic.edu.au)  
Principal: Michael Roach

**St Mary's School**  
North Rockhampton  
4994 8210  
[smnr@rok.catholic.edu.au](mailto:smnr@rok.catholic.edu.au)  
Principal: Simon Warren


**St Joseph's School**  
Park Avenue  
4994 8205  
[SJPA\\_Office@rok.catholic.edu.au](mailto:SJPA_Office@rok.catholic.edu.au)  
Principal: Bernard Fitzgerald

**Emmaus College**  
North Rockhampton  
4923 5700  
Principal: Eamon Hannan

**St Joseph's School**  
Wandal  
4994 8230  
[sjwl@rok.catholic.edu.au](mailto:sjwl@rok.catholic.edu.au)  
Principal: Bernadette Brennan

**St Peter's School**  
Allenstown  
4994 8225  
[spr@rok.catholic.edu.au](mailto:spr@rok.catholic.edu.au)  
Principal: Peter Smith

**St Paul's School**  
Gracemere  
4994 8235  
[spgr@rok.catholic.edu.au](mailto:spgr@rok.catholic.edu.au)  
Principal: Anthony Greene

**The Cathedral College**  
Rockhampton  
4999 1300  
Principal: Rob Alexander

# Rockhampton Catholic Parishes:

- Baptisms:** Contact the parish office for more details on bookings and the required preparation sessions.
- Marriages:** Advanced notice and preparation is required (six months minimum). Contact the parish office for more details.
- Funerals:** Contact the parish office or email - [funerals@rok.catholic.net.au](mailto:funerals@rok.catholic.net.au)
- Hospital Visitation:** Rockhampton Base Hospital - To arrange a pastoral or sacramental visit while in Rockhampton Hospital email [pastoralcare.rockhampton@rok.catholic.net.au](mailto:pastoralcare.rockhampton@rok.catholic.net.au)
- Becoming a Catholic** - If you or someone you know would like to become Catholic, contact the parish office or email - [rcianorthrocky@gmail.com](mailto:rcianorthrocky@gmail.com)

**Rockhampton Parishes Pastoral Council** - The Rockhampton Parishes Pastoral Council (RPPC) consists of elected members from each Parish and meet regularly. if you would like to contact a member of the RPPC please speak to your parish representative or email: [RPPC@rok.catholic.net.au](mailto:RPPC@rok.catholic.net.au)

## PLEASE REMEMBER IN YOUR PRAYERS

- Recently deceased:** June Dingle, Heather Bust, Ron Luckel,
- Anniversaries:** Joan Rheinberger, Elizabeth Curtain
- Those who are sick:** Steven Senini, Paul Barry, Loretta Bruckley, Marietta Scott, Mary Busby, Colleen Keeley, Graham Swadling, Raymond Trevaskis, Barbara Trevaskis, Stephen Balkin, Fr Peter Tonti, Ronnie Camenzuli, Sarah Siganto, Gino Abenzi, Barry Clanfield, Connie Waldron, Alan and Joy Liddell, Lorraine Charles, Don & Donna Wedel, Stephen Jones, Carmel Kendall, Narelle Beavan, Allana Brooks, Penny Desouza, Angela White, Michael Webb, Kelly Reynolds Elaine Winter, Annielyn Punzalan, June Poole & The Poole family, Marion Brigg, Cherry Butac, Bev Bartlem, Michael Harris, Daisy Maturin, Linda Samms, Jeanette Allen, Barry Carter, Jean Battour, John Dobson, Tony Wilkinson, Patricia Fern-Smith, Beverley Johnson, John Manwaring, Patricia Ann Borthwick

When providing names, please indicate which list the person needs to be on. When requesting family and friends be included in the sick list, ensure you have their permission. If circumstances change and the person listed can be removed from the sick list advise the Parish Office.

## 2024 HOLY WEEK & EASTER TRIDUUM ACROSS THE ROCKHAMPTON CATHOLIC COMMUNITY

### Palm Sunday- Blessing of The Palms and reading The Passion

- Vigil Mass times – Saturday 23rd March**
- 4:00pm Sacred Heart, Mount Morgan
  - 5:00pm Holy Family, Norman Gardens
  - 6:00pm St Joseph's Cathedral
  - 6:30pm Our Lady Help of Christians, Park Avenue

### Mass on Palm Sunday – Sunday 24th March

- 6:30pm St Joseph's Cathedral
- 7:00am St Mary's, North Rockhampton
- 8:00am St Paul's, Gracemere
- 9:00am Holy Family, Norman Gardens
- 9:30am St Joseph's Cathedral
- 6:00pm St Joseph's Cathedral

### Monday Mass in Holy Week – Monday 25th March

- 7:00am St Joseph's Cathedral followed by Confession

### Tuesday Mass in Holy Week – Tuesday 26th March

- 9:00am Holy Family, Norman Gardens followed by Confession
- 5:30pm St Joseph's Cathedral followed by Confession

### Wednesday in Holy Week – Wednesday 27th March

- 9:00am St Mary's, North Rockhampton followed by Confession
- 12 noon St Joseph's Cathedral followed by Confession

### Holy Thursday Mass of the Lord's Supper - Thursday 28th March

- 7:00pm St Joseph's Cathedral Mass of the Lord's Supper followed by Exposition (until 9pm)

### Good Friday Devotions – Friday 29th March

- Stations of the Cross –**
- 9:00am St Joseph's Cathedral
  - 9:00am St Paul's, Gracemere
  - 9:00am St Mary's, North Rockhampton
  - 10:00am Kershaw Gardens – North Rocky Catholic Youth

### Good Friday – Passion of The Lord - Friday 29th March

- 3:00pm St Joseph's Cathedral
- 3:00pm Our Lady Help of Christians, Park Avenue
- 3:00pm Holy Family, Norman Gardens
- 3:00pm St Mary's, North Rockhampton

### Holy Saturday – Saturday 30th March

- NO SATURDAY MORNING MASS**
- 9-10:30am Confessions

### The Easter Vigil in the Holy Night

- 7:00pm St Joseph's Cathedral – The Easter Vigil

### Easter Sunday of the Resurrection – Sunday 31st March

- 6:30am St Joseph's Cathedral
- 7:00am St Mary's, North Rockhampton
- 8:00am St Paul's, Gracemere
- 9:00am Sacred Heart, Mount Morgan
- 9:00am Our Lady Help of Christians, Park Avenue
- 9:00am Holy Family, Norman Gardens
- 9:30am St Joseph's Cathedral (including Baptisms)
- 6:00pm St Joseph's Cathedral

### WEEKDAY MASS TIMES Week of 25th March

Monday:	7:00am	St Joseph's Cathedral
	7.30am	Reconciliation after Mass
Tuesday:	9:00am	Holy Family Church
	9:30am	Reconciliation after Mass
	5:30pm	St Joseph's Cathedral
	6:00pm	Reconciliation after Mass
Wednesday:	9:00am	St Mary's Church
	9:30am	Reconciliation after Mass
	12:00noon	St Joseph's Cathedral
	12:30pm	Reconciliation after Mass
Thursday:	6:00pm	Holy Thursday Mass
Friday:	9:00am	St Joseph's Cathedral
		Stations of the Cross
	9:00am	St Paul's
		Stations of the Cross
	9:00am	St Mary's Church
		Stations of the Cross
	10:00am	Kershaw Gardens
		Youth Stations of the Cross
	3:00pm	St Joseph's Cathedral
	3:00pm	St Mary's Church
	3:00pm	Holy Family
	3:00pm	Our Lady Help of Christians
Saturday:	9:00am	St Joseph's Cathedral

### Penance:

- Saturday 9:30-10:30am St Joseph's Cathedral
- Saturday 4:00-4:30pm Holy Family Church

### Anointing of the Sick:

- 1st Saturday of the month during the 9am Mass at St Joseph's Cathedral.
- 1st Friday of the month during the 9am Mass at Our Lady Help of Christians, Park Avenue



As Project Compassion 2024 comes to an end, we want to thank you for your incredibly generous support throughout Lent.

This year, we shared with you the story of three inspiring women from across the globe, who overcame challenges to complete their education, access water and find secure employment. With the support of compassionate people like you, they are now forging a path to a better future for their families and their communities.

There is still time to donate! Together, we can help vulnerable communities face their challenges today and build a better tomorrow, **for all future generations.**

**Please donate to Project Compassion**

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion) or by calling 1800 024 413.

## ST JOSEPH'S CATHEDRAL GIFT & BOOKSTORE

**The Bookstore will be closed from Thurs 28 to Sat the 30th March to prepare for Easter Triduum Masses. The store will reopen on Sunday 31st March.**

Virgin Mary statues. Beautiful lightweight 3D printed in Australia using PLA, a polyester derived from corn starch. Suitable for indoor & undercover use.

Many colours and size options:

250mm \$45 200mm \$30

150mm \$18 100mm \$12

Visit the Bookstore or call 4921 2170

## SACRAMENTS OF INITIATION FOR HIGH SCHOOL STUDENTS

Any parents who would like their sons or daughters who attend a high school in Rockhampton to prepare to receive any of these Sacraments of Initiation – Baptism, Confirmation or Eucharist – is invited to contact the following people to register their interest:

For students at Emmaus College please contact Ms Aine Toman, Assistant Principal: Mission [aine\\_toman@emmaus.qld.edu.au](mailto:aine_toman@emmaus.qld.edu.au)

For students at The Cathedral College please contact Mr Pat Egan, Deputy Principal: Mission [Patrick.Egan@tccr.com.au](mailto:Patrick.Egan@tccr.com.au)

## THE ADULT SACRAMENTAL PROGRAM

Are you able to help teach the faith (even for a couple of months to complement the current team). Expressions of interest email [rcianorthrocky@gmail.com](mailto:rcianorthrocky@gmail.com) or call the Parish Office.

## YOUTH STATIONS OF THE CROSS—REHERSAL

There will be a rehearsal at 5pm this Sunday 24th March at Holy Family Hall. All are welcome.



## DIVINE MERCY SUNDAY—7th April.

All are welcome to Divine Mercy Sunday  
St Mary's Church, North Rockhampton

2:00—3:00pm Confession

3:00pm -Exposition of the Blessed Sacrament

4:00pm—Mass



## CATHOLIC FOUNDATIONS – BEING SACRAMENTAL

A wonderful opportunity for formation on the sacraments is available here in Rockhampton this April & June.

This formation series is being offered by the Archdiocese of Brisbane but we will have a local hub here at the Duhig Centre to livestream the sessions. Sessions are at 7pm on Monday nights at the Duhig Centre and the first session is on April 15<sup>th</sup>. This formation is open for all, but will be particularly valuable to anyone who is a parish volunteer. For more information and to register scan the QR code.



## LADIES CLUB—Holy Family Church Hall

Come along and enjoy the friendly community at Holy Family Hall, Thursday 4th April from 10am. A great opportunity to meet new friends and fellow parishioners over morning tea.

## ECUMENICAL CORNER

In his many letters and speeches, Pope Francis emphasises the obligation that we Christians have of treating everyone, as 'neighbour' and that we should be a model and example of this. He spells out the 'dire consequences' the world faces if we "refuse to live charitably". He says: "... Each baptised person is a member of the Body of Christ and that everyone in this world is my brother or my sister, and all together we compose that "symphony of humanity" of which Christ is the Firstborn and Redeemer.....One who seeks the truth should not concentrate on the differences between one note and another, thinking as if each was created separately and apart from the others; instead, he/she should realise that one and the same person composed the entire melody".....Pope Francis' challenge -- to all of us -- is to seriously ask ourselves this question: "Do I, and then my community, my Church, my spirituality, act like a neighbour?"

(See: <https://international.la-croix.com/news/letter-from-rome/pope-takes-the-heresy-hunters-to-task/19077>)

## ECUMENICAL SERVICE - EASTER SUNDAY

Rockhampton Combined Churches

invite you to an Ecumenical Service on Easter Sunday, 31st March 2024.

Commencing at 9.30am. Rockhampton Baptist Church

650 Norman Road, Norman Gardens

All are welcome..

The Catholic Diocese of Rockhampton abides by the principles of the National Catholic Safeguarding Standards (2022) and is committed to safeguarding, with a specific focus on protecting children and adults at risk. For further information or support please contact the Diocesan Professional Standards and Safeguarding office:

Response line: 1800 830 113 (free call) or Email: [pssomanager@rok.catholic.net.au](mailto:pssomanager@rok.catholic.net.au)

For more information see the Diocesan website: <http://rok.catholic.net.au/our-diocese/safeguarding/>

Queensland Professional Standards Office: [www.psoqld.catholic.net.au/](http://www.psoqld.catholic.net.au/)

Your Local Parish Safeguarding Representatives:

Kathy Bryan – St Joseph's Cathedral

Shaun Pettett – Our Lady Help of Christians

Helen Mollard – Holy Family

Mike Kelso – St Mary's



PLEASE SUPPORT OUR SPONSORS

# NEW CAR?

Don't do anything without talking to

**JOY BAKER**

AT TROPICAL AUTO GROUP

Call Joy today on 4931 9304 - 0403 166 258

or email [jbaker@tropicalauto.com.au](mailto:jbaker@tropicalauto.com.au)



Phone: (07) 4927 8822

[www.ctharris.com.au](http://www.ctharris.com.au)

**C.T. HARRIS  
& COMPANY**

Chartered Accountants

Office Address  
110 Victoria Parade  
Rockhampton QLD 4700

Postal Address  
PO Box 92  
Rockhampton QLD 4700



**TUCKER & NANKIVELL**  
FUNERAL DIRECTORS

(07) 4927 2500

166 Alma Street, Rockhampton

## FINLAYSON & MCKENZIE FUNERAL DIRECTORS



A.F.D.A.

Grantley Perry M.B.E., M.A.E. - Manager

Telephone: (07) 4922 1269

Mobile: 0419 770 070 - Fax: 4922 2275

Office: 56 William Street, Rockhampton



**Brambys**  
Bakery

Proudly your local bakery at 3  
Convenient Locations

**ALLENSTOWN, GRACEMERE  
& PARKHURST**

*Handcrafting 100% preservative free bread daily*



**BEVERLEY SMITH**

**The Agency  
Real Estate**



Would you like to advertise in this space,  
contact the parish office on 4927 6744 or  
[cposj.admin@rok.catholic.net.au](mailto:cposj.admin@rok.catholic.net.au)  
for more information



**MCM**  
PLUMBING AND GAS

**Licensed Plumber,  
Drainer and  
Gas Fitter.**

Prompt, friendly  
and quality service

Investment & Domestic Properties • All repairs, maintenance and renovations • Hot water service  
Blocked Drains - 7 days a week Gas installations and repairs • Gas leaks • Compliance Certificates

Phone Mat 0438 149 817 QBCC. 1206893

## PINAY STORE/ORNAMENTS

266 Murray Street Allenstown 4700  
0428 046 172  
9am - 5pm 7 Days  
Cash / Card Accepted



Your locally trusted community  
service provider for over 45 years.

- Aged Care
- Disability
- Family Support
- Counselling

[www.catholiccarecq.com](http://www.catholiccarecq.com) | Call 1300 523 985



**FRENCHVILLE  
SPORTS CLUB**

105 CLIFTON ST  
NORTH ROCKHAMPTON



**COMPLIMENTARY  
COURTESY BUS**

Tuesday to Saturday

Phone 4932 6800  
to book



**FREE KIDS CLUB**

Welcome gift, birthday present,  
VIP event access and more!

Signup for free  
at reception