

Rockhampton Catholic Community

As we move forward & including the praying communities of: St Joseph's Cathedral, St Paul's (Gracemere), Sacred Heart (Mt Morgan), St Mary's, Holy Family and Our Lady Help of Christians

The Parishes of Rockhampton acknowledge the Darumbal & Gungalu people as the Traditional Custodians of the land on which we work, travel and live. We pay our respects to their Elders, their Ancestors and Emerging Leaders.

Fifth Sunday of Lent 16th & 17th March 2024

First Reading: Jeremiah 31:31-34
The days are coming when I will make a new covenant with Israel and I will forgive their iniquity.

Responsorial Psalm: Psalm 50:3-4, 12-15
R: Create a clean heart in me, O God.

Second Reading: Hebrews 5:7-9
He learnt to obey and became for all the source of eternal salvation.

Gospel: John 12:20-30
If a grain of wheat falls on the ground and dies, it yields a rich harvest.

Next Sunday's Readings: Palm Sunday of the Passion of the Lord

First Reading: Isaiah 50:4-7
Second Reading: Philippians 2:6-11
Gospel: Mark 14:1-15:47

NEXT SUNDAY'S MASS TIMES:

Saturday: 4:00pm Sacred Heart, Mt Morgan
5:00pm Holy Family, Norman Gardens
6:00pm St Joseph's Cathedral
6:30pm Our Lady Help of Christians, Park Avenue
Sunday: 6:30am St Joseph's Cathedral
7:00am St Mary's, North Rockhampton
8:00am St Paul's, Gracemere
9:00am Holy Family, Norman Gardens
9:30am St Joseph's Cathedral
This Mass is livestreamed and available publicly at - www.youtube.com/user/StJosephsCathRton
6:00pm St Joseph's Cathedral

LEARNING MORE ABOUT THE MASS

For most Catholics, these words, "Take this, all of you and eat of it, for this is my body, which will be given up for you" and "Take this, all of you, and drink from it for this is the chalice of my blood" are very familiar.

As Catholics, we know that when these words are said, this is the moment when the bread and wine at Mass is changed into the body and blood of Jesus Christ. Although the outward appearance does not change, Jesus' body, blood, soul and divinity are really present. This is what the Catholic Church means by the "real presence" in the Eucharist. Sadly, many Catholics do not understand what this means.

The Last Supper took place in the context of the Jewish Passover – an annual feast that celebrated how God had set the Israelites free from slavery in Egypt. For the Jewish people, it was more than recalling those events, it was about reliving them.

For every Passover meal, a lamb was sacrificed. At the Last Supper, Jesus offers his body and his blood. Jesus becomes the Passover Lamb. The Eucharist is a sacrifice.

Just as Jesus did on Good Friday – he offers to God his perfect love, his great courage, his astounding forgiveness – his very life.

Do you want your heart to be changed? Do you want to be courageous like Jesus? Do you want to forgive like Jesus did? Do you long to love like Jesus? He wants you to love like He loves.

At every Mass, we have the opportunity to join all our joys and sufferings with Jesus' offering, his sacrifice, to his Father.

Edward Sri. *A Biblical Walk Through the Mass: Understanding What We Say and Do in the Liturgy* Revised Edition (West Chester PA: Ascension, 2021) pp 133-138.

CLERGY: If you require a Priest in an emergency after hours please call (07) 3830 5216

Fr Alex Varghese
Parish Priest

Fr Jomon Poothara
Associate Pastor

Fr Bill Senn
Associate Pastor

Fr Samuel Okoroafor
Associate Pastor

Fr Shaiju Lookose
Associate Pastor

Fr Peter Doherty
Associate Pastor

Catholic Parishes of Rockhampton

Parish Secretary: Trish Jones
Office Hours: Monday to Friday 10am – 2pm
Ph: 4927 6744 or **E:** cposj.admin@rok.catholic.net.au

St Joseph's Cathedral Gift & Bookstore

Manager: Helen Godwyn
Open: Wed-Fri 10-3, Sat 9-11am Sun 9-12noon Closed Mon & Tues
Ph: 4921 2170 or **E:** cathedralbookstore@rok.catholic.net.au

Website: <https://www.rockhamptoncatholics.org.au/>


Street address: 238 Murray Street, Allenstown 4700 or **Postal:** PO Box 8446 ALLENSTOWN 4700




St Anthony's School
Norman Gardens
4994 8200
sanr_office@rok.catholic.edu.au
Principal: Michael Roach



St Mary's School
North Rockhampton
4994 8210
smnr@rok.catholic.edu.au
Principal: Simon Warren



St Joseph's School
Park Avenue
4994 8205
SJPA_Office@rok.catholic.edu.au
Principal: Bernard Fitzgerald



Emmaus College
North Rockhampton
4923 5700
Principal: Eamon Hannan




St Joseph's School
Wandal
4994 8230
sjwl@rok.catholic.edu.au
Principal: Bernadette Brennan



St Peter's School
Allenstown
4994 8225
spr@rok.catholic.edu.au
Principal: Peter Smith



St Paul's School
Gracemere
4994 8235
spgr@rok.catholic.edu.au
Principal: Anthony Greene



The Cathedral College
Rockhampton
4999 1300
Principal: Rob Alexander

Rockhampton Catholic Parishes:

Baptisms: Contact the parish office for more details on bookings and the required preparation sessions.

Marriages: Advanced notice and preparation is required (six months minimum). Contact the parish office for more details.

Funerals: Contact the parish office or email - funerals@rok.catholic.net.au

Hospital Visitation: Rockhampton Base Hospital - To arrange a pastoral or sacramental visit while in Rockhampton Hospital email pastoralcare.rockhampton@rok.catholic.net.au

Becoming a Catholic - If you or someone you know would like to become Catholic, contact the parish office or email - rcianorthrocky@gmail.com

Rockhampton Parishes Pastoral Council - The Rockhampton Parishes Pastoral Council (RPPC) consists of elected members from each Parish and meet regularly. if you would like to contact a member of the RPPC please speak to your parish representative or email: RPPC@rok.catholic.net.au

PLEASE REMEMBER IN YOUR PRAYERS

Recently deceased: Jennifer Hilcher, Eddie Gillespie (Ireland), Memay Aquilizan

Anniversaries: We remember all those whose anniversaries occur at this time.

Those who are sick: Ottie Phillips, Steven Senini, Paul Barry, Loretta Bruckley, Marietta Scott, Mary Busby, Colleen Keeley, Graham Swadling, Raymond Trevaskis, Barbara Trevaskis, Stephen Balkin, Fr Peter Tonti, Ronnie Camenzuli, Sarah Siganto, Gino Abenzi, Barry Clanfield, Connie Waldron, Alan and Joy Liddell, Lorraine Charles, Don & Donna Wedel, Stephen Jones, Carmel Kendall, Narelle Beavan, Allana Brooks, Penny Desouza, Angela White, Michael Webb, Kelly Reynolds Elaine Winter, Annielyn Punzalan, June Poole & The Poole family, Marion Brigg, Cherry Butac, Bev Bartlem, Michael Harris, Daisy Maturin, Linda Samms, Jeanette Allen, Barry Carter, Jean Battour, John Dobson, Tony Wilkinson, Patricia Fern-Smith, Beverley Johnson, John Manwaring, Christopher Steer, Patricia Ann Borthwick

When providing names, please indicate which list the person needs to be on. When requesting family and friends be included in the sick list, ensure you have their permission. If circumstances change and the person listed can be removed from the sick list advise the Parish Office.

2024 HOLY WEEK & EASTER TRIDUUM ACROSS THE ROCKHAMPTON CATHOLIC COMMUNITY

Palm Sunday- Blessing of The Palms and reading The Passion

Vigil Mass times – Saturday 23rd March

4:00pm Sacred Heart, Mount Morgan
5:00pm Holy Family, Norman Gardens
6:00pm St Joseph's Cathedral
6:30pm Our Lady Help of Christians, Park Avenue

Mass on Palm Sunday – Sunday 24th March

6:30pm St Joseph's Cathedral
7:00am St Mary's, North Rockhampton
8:00am St Paul's, Gracemere
9:00am Holy Family, Norman Gardens
9:30am St Joseph's Cathedral
6:00pm St Joseph's Cathedral

Monday Mass in Holy Week – Monday 25th March

7:00am St Joseph's Cathedral followed by Confession

Tuesday Mass in Holy Week – Tuesday 26th March

9:00am Holy Family, Norman Gardens followed by Confession
5:30pm St Joseph's Cathedral followed by Confession

Wednesday in Holy Week – Wednesday 27th March

9:00am St Mary's, North Rockhampton followed by Confession
12 noon St Joseph's Cathedral followed by Confession

Holy Thursday Mass of the Lord's Supper - Thursday 28th March

6:00pm St Joseph's Cathedral Mass of the Lord's
Supper followed by Exposition (until 9pm)

Good Friday Devotions – Friday 29th March

Stations of the Cross –

9:00am St Joseph's Cathedral
9:00am St Paul's, Gracemere
9:00am St Mary's, North Rockhampton
10:00am Kershaw Gardens – North Rocky Catholic Youth

Good Friday – Passion of The Lord - Friday 29th March

3:00pm St Joseph's Cathedral
3:00pm Our Lady Help of Christians, Park Avenue
3:00pm Holy Family, Norman Gardens
3:00pm St Mary's, North Rockhampton

Holy Saturday – Saturday 30th March

NO SATURDAY MORNING MASS

9-10:30am Confessions

The Easter Vigil in the Holy Night

7:00pm St Joseph's Cathedral – The Easter Vigil

Easter Sunday of the Resurrection – Sunday 31st March

6:30am St Joseph's Cathedral
7:00am St Mary's, North Rockhampton
8:00am St Paul's, Gracemere
9:00am Sacred Heart, Mount Morgan
9:00am Our Lady Help of Christians, Park Avenue
9:00am Holy Family, Norman Gardens
9:30am St Joseph's Cathedral (including Baptisms)
6:00pm St Joseph's Cathedral

CHRISM MASS CHOIR PRACTICE

Rehearsals for the Chrism Mass will take place on Tuesday 19th March from 6.00pm – 7.30pm and prior to the Chrism Mass on Thursday 21 March at 8.15am. If you would like to be part of the choir you are very welcome to attend the rehearsals.



WEEKDAY MASS TIMES Week of 18th March

Monday:	7:00am	St Joseph's Cathedral
Tuesday:	9:00am	St Joseph's Cathedral
Wednesday:	8:00am	St Joseph's Cathedral
Thursday:	10:00am	St Joseph's Cathedral— Chrism Mass
	4.30-6.30pm	Adoration at St Mary's Church
Friday:	9:00am	Our Lady Help of Christians
	12:00 noon	St Joseph's Cathedral Mass
	4:00pm	St Joseph's Cathedral— Stations of the Cross
	5:30pm	St Mary's Church - Stations of the Cross
Saturday:	9:00am	St Joseph's Cathedral

Penance:

Saturday 9:30-10:30am St Joseph's Cathedral
Saturday 4:00-4:30pm Holy Family Church

Anointing of the Sick:

1st Saturday of the month during the 9am Mass at St Joseph's Cathedral.

1st Friday of the month during the 9am Mass at Our Lady Help of Christians, Park Avenue



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Please donate to Project Compassion 2024.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow, **for all future generations**.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.

PRIEST'S RETREAT

The Diocesan Priests will be holding their Pre-Easter retreat from Monday 18th—Thursday 21st March.

During this time there will be only one daily Mass at St Joseph's Cathedral.

Should you require a Priest during this time or after hours please call 07 3830 5216

SACRAMENTS OF INITIATION FOR HIGH SCHOOL STUDENTS

Any parents who would like their sons or daughters who attend a high school in Rockhampton to prepare to receive any of these Sacraments of Initiation – Baptism, Confirmation or Eucharist – is invited to contact the following people to register their interest:

For students at Emmaus College please contact Ms Aine Toman, Assistant Principal: Mission aine_toman@emmaus.qld.edu.au

For students at The Cathedral College please contact Mr Pat Egan, Deputy Principal: Mission Patrick.Egan@tccr.com.au

For students at all other high schools please contact Mrs Trish Jones, Parish Secretary cposj.admin@rok.catholic.net.au

THE ADULT SACRAMENTAL PROGRAM

Are you able to help teach the faith (even for a couple of months to complement the current team). Expressions of interest email rcianorthrocky@gmail.com or call the Parish Office.

MENALIVE SCRIPTURE JOURNALING GROUP

All men are welcome to come along to the café area of Frenchville Sports Club on Mondays at 7pm to catch up, pray and discuss the gospel of the day. Newcomers are always welcome, just bring along a pen and paper. For more information contact Kevin at kjpeagam@gmail.com or 0407 589 674.

ASSISTANCE WITH TRAVEL

Do you live in the Rockyview area? A mature female parishioner, would love to join in the Easter and Divine Mercy Sunday Services, but does not have transport. If you would be able to assist with this please contact the parish office on 4927 6744.

YOUTH LED STATIONS OF THE CROSS

On Good Friday, all are welcome to experience the Stations of the Cross a little differently, journeying with a big cross around Kershaw Gardens. Please meet at the High Street carpark for a 10am start. Bring hats and water. All young people are invited to help us run it - we will need actors, readers, singers. Please contact Laura on 0434552280.

MOTHER EFFECT

Young Catholic families are invited to play, sing, pray and connect over coffee. Fortnightly Wednesdays mornings. Contact Laura for more info - 0434552280

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ECUMENICAL CORNER

The key message in the story of the Good Samaritan in Luke's Gospel is often missed by those who read it. In response to the question "Who is my neighbour?" posed by a rich young Jewish lawyer in an attempt to trick Jesus, is cleverly turned back on him by Jesus. The good neighbour in the story turns out to be, a hated heretic from Samaria. Those who had previously passed by the wounded Jewish man in the road were Jewish religious leaders who feared becoming ritually unclean by touching him. Jesus' message is that everyone is our neighbour no matter who they are. At the conclusion of Christian unity week, Pope Francis in speaking on this Gospel, challenges us to reflect on the question:

Do I, and then my community, my Church, my spirituality, act like a neighbour?"

PALMS DONATIONS



All parishes are calling for donations of palms and bookleaf pine cuttings to be used during the Palm Sunday Mass on the weekend of the 23 & 24th March.

To make arrangements to deliver palms to respective churches, please contact the Parish Office on 4927 6744.

The Catholic Diocese of Rockhampton abides by the principles of the National Catholic Safeguarding Standards (2022) and is committed to safeguarding, with a specific focus on protecting children and adults at risk. For further information or support please contact the Diocesan Professional Standards and Safeguarding office:

Response line: 1800 830 113 (free call) or Email: pssomanager@rok.catholic.net.au

For more information see the Diocesan website: <http://rok.catholic.net.au/our-diocese/safeguarding/>

Queensland Professional Standards Office: www.psoqld.catholic.net.au/

Your Local Parish Safeguarding Representatives:

Kathy Bryan – St Joseph's Cathedral

Shaun Pettett – Our Lady Help of Christians

Helen Mollard – Holy Family

Mike Kelso – St Mary's

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A.F.D.A.

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