CAPRICORN COAST CATHOLIC PARISH

17 March 2024 - 5th Sunday of Lent, Year B



Parish Priest

Fr Matthew Moloney

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Sacred Heart Church

7 Tabor Drive, Yeppoon

Mary Immaculate Church

38 Archer St Emu Park





GOSPEL FOCUS

Love of life

Jesus says, 'Anyone who loves (their) life loses it; anyone who hates (their) life in this world will keep it for the eternal life.' This can seem pretty tough! It challenges us about how much we cling to the 'things' of this life. Are we concerned about the labels on our clothes; the number of our friends; how much money we have; the sort of house we live in? If this is the 'life' that we place meaning on, then we will surely lose it. However, if we put aside the world's focus on material things and focus our attention on others then we are assured of eternal life.

GOSPEL MEDITATION: A middle-aged woman sat on the couch in my parish office and recounted to me a shocking list of terrible calamities in her life: addictions, terminal illnesses, financial loss, broken relationships, and so on. She smiled as she did so. "Please forgive me," I asked, "but you seem to be smiling as you share this." She said, "Father John, I am totally overwhelmed. But I'm smiling because I just can't wait to see what good things God does with this mess." She expected God would manifest His glory when she most needed it.

This week in the Gospel, God speaks from heaven for the third and final time in Jesus' earthly ministry. It's at a tough moment. Gentiles seek Jesus, who announces his terrible suffering, and then boldly prays, "Father, glorify your name!" John then writes: Then a voice came from heaven, "I have glorified it and will glorify it again." Was the task of drawing the whole non-Jewish world to himself overwhelming? Or was it the terrible specter of crucifixion? Whatever it was, the crushing weight triggers his turning to the Father with an unshakeable expectation of divine glory to burst through. And indeed, it did on Easter Sunday. In our burdens, our greatest strength is to turn to God and boldly ask Him for His glory.

Lenten challenge: This week, I invite you to list out everything which is a burden to you. Write it down. Then add these words: "Father, glorify Your name in all these things!" Put that paper in your pocket or purse when you come to Holy Week liturgies next week. You might smile at the most unlikely times.

- Father John Muir ©LPi

The worshipping communities of Sacred Heart, Yeppoon & Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather, and pay respect to their elders: past, present, and emerging.

For we too are one in land, one in spirit, one in faith, united in God's love.

LITURGIES

Date	Time	Mass
Tues 19 March	8:00am	Stations of the Cross, Mary Immaculate
Wed 20 March	5:00pm	Stations of the Cross, Sacred Heart
Thurs 21 March	10:00am	Chrism Mass, St Joseph's Cathedral, Rockhampton
	6:00pm	Penitential Service, SH
Fri 22 March	9:00am	Mass, Sacred Heart
	2:00pm	Rosary, Sacred Heart
Sat 23 March	5:15pm	Mary Immaculate
Sun 24 March	8-8:30am	Reconciliation, Sacred Heart
(Palm Sunday)	9:00am	Sacred Heart
	5:00pm	Sacred Heart

WEEKEND ROSTER					
This weekend - 5th Sunday of Lent, Year B 16/17 March					
	5.15pm Sat	9am Sunday	5pm Sunday		
	Mary Immac.	Sacred	Sacred Heart		
		Heart			
Commentator	Jan Mussig	Gordon	Mark Kennedy		
		Gauld			
1st Reader	Helen	Roger	Parishioner		
	McIntyre	McWhinney			
2nd Reader	Sr Grace	Maurice	Parishioner		
	Bartolo	Conway			
Next weekend - Palm Sun of the Passion of the Lord 23/24 Mar					
Commentator	Rene	Barbara	Parishioner		
	Veltmeyer	Pearson			
1st Reader	Ron Hinton	Sean Fallis	Parishioner		
2nd Reader	Michele	Warren	Parishioner		
	Connors	Middleton			

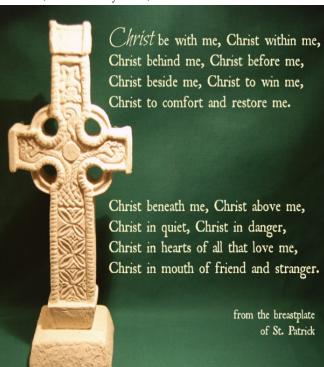


Emily White, Renae Ellaway (Duffy), Scott Mahosky, Kevin Lacey, Terry Groser, Ollie Miles, Jo-Anne Coxon, Alan Davids, Adam Loch, Carolyn Perkins.

The recently deceased:

Joan Finucane, Ronnie Camenzuli, Thelma Mainey, John Simmons, Norma Toon, John Slade.

Those whose anniversary occurs at this time: Pauline Effeney, Charlie Shelton, John Pearson, Fintan Real, Christine Gynther, Brendan Williams.



Holy Week Schedule



DATE	TIME	SERVICE	
Holy Thursday	6:00pm	MASS OF THE LORD'S	
		SUPPER, SH	
Good Friday	9:00am	Stations of the Cross &	
		Walk of Reflection, MI	
	3:00pm	PASSION OF THE LORD,	
		SH	
Easter Vigil	6:00pm	EASTER VIGIL, SH	
Easter Sunday	7:00am	EASTER OF THE	
		RESURRECTION, MI	
31st March	9:00am	EASTER OF THE	
		RESURRECTION, SH	

Come Holy Spirit,
fill the hearts of your faithful,
enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew the face of the earth.



Let us pray.
O God, who instruct the hearts of the faithful
by the light of the Holy Spirit,
grant us in the same Spirit to be truly wise,
and ever to rejoice in your consolation.
Through Christ, our Lord. Amen

The people of the Diocese are invited to join Bishop Michael McCarthy and the clergy of the Diocese in the celebration of the



Chrísm Mass 2024 10.00am, Thursday 21st March 2024

St Joseph's Cathedral

light refreshments will be provided after.

For those unable to join in person, the Mass can be watched online at:

Walk of Reflection

Good Friday 29 March, 2024

Join us at 9:30am for Stations of the Cross



at Mary Immaculate Catholic Church

Followed by the Walk of Reflection to Bell Park

PENITENTIAL SERVICE

THURSDAY 21st MARCH, 6pm SACRED HEART CHURCH



Date Claimer: 2024 Sacramental Program

Wed 8 May, 6pm - Information Evening Fri 16 August - Confirmation Ceremony Sun 18 August - First Holy Communion

PRE-EASTER GATHERING



Priests of the Diocese of Rockhampton will gather this coming week with Bishop Michael to prepare for the Chrism Mass and for Easter Services. ROCKHAMPTON SUDP WARMLY INVITE YOU TO THIS

Festival Gathering

Guest Speaker: James Hodge, Director of Mission
TOPIC: FRATERNITY, COMMUNITY AND COURAGEOUS
CONVERSATIONS

Morning tea will be provided.

7th April 2024 Sacred Heart Church after the 9am Mass 7 Tabor Dr, Lammermoor QLD 4703

RSVP: 3RD APRIL 2024 TO SH4703@SVDPQLD.ORG.AU





7 April 2024

St Mary's Catholic Church, 155 Nobbs Street, Nth Rton.

3pm: Exposition of the Blessed Sacrament, Veneration, The 3 O'Clock Prayer and the Divine Mercy Chaplet.

4pm: Holy Mass with Blessing of the Divine Mercy Image.

Celebrant: Fr Alex Varghese.

How to Prepare for the Feast of Mercy

To fittingly observe Divine Mercy Sunday, we should precede the feast by a nine-day novena of chaplets to the Divine Mercy, beginning on Good Friday (privately said) and:

- 1. Celebrate;
- Repent;
- Complete trust;
- 4. Confession;
- 5. Holy Communion;
- 6. Venerate the Image;
- 7. Be merciful.

Contact Colleen 0404 461 765 or ian.graham6@bigpond.com

Hail Holy Queen, Mother of Mercy,
Our life our sweetness and our hope.
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in the valley of tears.
Turn then most gracious advocate,



Thine eyes of mercy towards us and after this our exile, show unto us the blessed fruit of thy womb Jesus.

O clement, O loving, O sweet Virgin Mary!

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

THIS WEEK'S READINGS

5TH SUNDAY OF LENT

1st Reading:

Jeremiah 31:31-34

The Lord promises a new covenant.

Psalm 50:

Create a clean heart in me, O God.

2nd Reading:

Hebrews 5:7-9

Christ is the source of salvation for all who obey.

Gospel:

John 12:20-33

Jesus foretells of his death and resurrection.

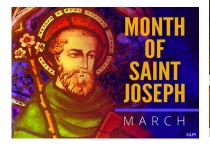
NEXT WEEK'S READINGS

PALM SUNDAY

1st Reading: Isaiah 50:4-7

Psalm: 21

2nd Reading: Philippians 2:6-11 Gospel: Mark 14:1-15:47





Fifth Sunday of Lent 16 & 17 March





Partnership in action

The work of Caritas Australia is only possible with the dedication, passion and tenacity of our local partners who implement the programs. They are the heroes on the ground, working tirelessly behind-the-scenes every day to create a better future for their communities.

Caritas Australia partners with the Faithful Companions of Jesus (FCJ) to support communities living in urban slums in the Philippines. FCJ runs a number of programs that include house renovating, food processing, basic literacy skills, urban gardening, upcycling and income generating activities. They also have a clinic visited weekly by a doctor and community nurse.

Caritas Australia partners with Caritas Samoa to assist communities to have increased access to clean water, sanitation and hygiene to ensure human health and well-being by providing water tanks and sanitation facilities.

Caritas Australia partners with the Catholic Development Commission in Malawi through the A+ program. Since 2016, the A+ program has helped 7,397 families across Malawi improve their food security, access to basic water and sanitation, boost women's income generation and strengthen child protection.

Please donate to Project Compassion.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow for all future generations.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.

Photo: Richard Wainwright / Caritas Australia

The Capricorn Coast Catholic Parish is now a member of Containers for Change.

Thank you so much for your donations.





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St Joseph

Patron Saint of the Diocese of Rockhampton, and namesake of our Cathedral.

Harmony week AT THE CAPRICORN COAST

Join Capricorn Coast Multicultural Group for an afternoon of unity, food, diversity, music, dance and joy!

SUNDAY, 24TH MARCH 2024 11:30am - 3:00pm THE GARAGE, YEPPOON COMMUNITY CENTRE (80 JOHN STREET)

> FREE BBO - PRIZES TO BE WON -LEARN INTERNATIONAL FOLK DANCES



Cultural Food Exchange Bring a dish from your

country to share and celebrate diverse flavours.

EVERYONE IS WELCOME



Capricorn Coast Multicultural Group www.harmony.gov.au



The Catholic Diocese of Rockhampton abides by the principles of the National Catholic Safeguarding Standards (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan Professional Standards & Safeguarding Office: Response Line: 1800 830 113 (free call) or email: pssoadmin@rok.catholic.net.au Diocesan Website for more information: https://rok.catholic.net.au/our-diocese/safeguarding/ To view the Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy: www.rok.catholic.net.au/safeguarding-policies.html Queensland Professional Standards Office: www.rok.catholic.net.au/safeguarding-policies.html



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