

# Rockhampton Catholic Community

**As we move forward & including the praying communities of: St Joseph's Cathedral, St Paul's (Gracemere), Sacred Heart (Mt Morgan), St Mary's, Holy Family and Our Lady Help of Christians**

*The Parishes of Rockhampton acknowledge the Darumbal & Gungalu people as the Traditional Custodians of the land on which we work, travel and live. We pay our respects to their Elders, their Ancestors and Emerging Leaders.*

**6th Sunday in Ordinary Time  
10th & 11th February 2024**

**First Reading:** Leviticus 13:1-2,44-46  
As long as he is unclean, he must live alone, outside the camp.

**Responsorial Psalm:** Psalm 31:1-2,5,11  
**R: I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.**

**Second Reading:** 1 Corinthians 10:31-11:1  
Be imitators of me, as I am of Christ.

**Gospel:** Mark 1:40-45  
The leprosy left him and he was cured.

### **Next Sunday's Readings: First Sunday of Lent**

**First Reading:** Genesis 9:8-15  
**Second Reading:** 1 Peter 3:18-22  
**Gospel:** Mark 1:12-15

### **NEXT SUNDAY'S MASS TIMES:**

**Saturday:**  
4:00pm Sacred Heart, Mt Morgan  
5:00pm Holy Family, Norman Gardens  
6:00pm St Joseph's Cathedral  
6:30pm Our Lady Help of Christians, Park Avenue

**Sunday:**  
6:30am St Joseph's Cathedral  
7:00am St Mary's, North Rockhampton  
8:00am St Paul's, Gracemere  
9:00am Holy Family, Norman Gardens  
9:30am St Joseph's Cathedral  
This Mass is livestreamed and available publicly at - [www.youtube.com/user/StJosephsCathRton](http://www.youtube.com/user/StJosephsCathRton)  
6:00pm St Joseph's Cathedral

## LEARNING MORE ABOUT THE MASS

With so many families preparing their children to receive Jesus in Holy Communion in May, we thought it might be helpful to look at eight prayers that are said at Mass.

Do you know the first prayer at Mass? Of course, it is the Sign of the Cross.

For many of us it was the first prayer we learnt, and it was a challenge trying to remember which hand to use and which shoulder to touch first. This prayer with its words and actions is very distinctly Catholic. Is there more to it?

Edward Sri in his book, "A Biblical Walk through the Mass" wrote, "In making this sign, we invoke God's presence and invite him to bless us, assist us, and guard us from all harm. It is not surprising that the early Christians made the Sign of the Cross quite often in their daily lives." St John Chrysostom advised, "Never leave your house without making the sign of the cross."

In this prayer, we call upon God's name like Abraham who "calls on the name of the Lord when he is erecting altars to God." (see Genesis 12:8; 13:4; 21:33) "In Scripture, a name is not merely a conventional way of referring to a particular person... to call upon God's name is to invoke his presence and his power". As we read in Psalm 124:8, "our help is in the name of the LORD, who made heaven and earth".

So, every time we make the Sign of the Cross, we should do it with careful attention and reverence.

One other suggestion from Edward Sri is for parents to make the sign of the cross on the foreheads of their children when they put them to bed at night, as he does.

**Di-Anne Rowan**

*Edward Sri. A Biblical Walk Through the Mass: Understanding What We Say and Do in the Liturgy Revised Edition (West Chester PA: Ascension, 2021) pp 23, 27.*

**CLERGY:** If you require a Priest in an emergency after hours please call (07) 3830 5216

**Fr Alex Varghese**  
Parish Priest

**Fr Jomon Poothara**  
Associate Pastor

**Fr Bill Senn**  
Associate Pastor

**Fr Samuel Okoroafor**  
Associate Pastor

**Peter Doherty**  
Deacon

### **Catholic Parishes of Rockhampton**

**Parish Secretary:** Trish Jones  
**Office Hours:** Monday to Friday 10am - 2pm  
**Ph:** 4927 6744 or **E:** [cposj.admin@rok.catholic.net.au](mailto:cposj.admin@rok.catholic.net.au)

### **St Joseph's Cathedral Gift & Bookstore**

**Manager:** Helen Godwyn  
**Open:** Wed-Fri 10-3, Sat 9-12 Noon, Sun 9-11am Closed Mon & Tues  
**Ph:** 4921 2170 or **E:** [cathedralbookstore@rok.catholic.net.au](mailto:cathedralbookstore@rok.catholic.net.au)


**Website:** <https://www.rockhamptoncatholics.org.au/>

**Street address:** 238 Murray Street, Allenstown 4700 or **Postal:** PO Box 8446 ALLENSTOWN 4700

 **St Anthony's School**  
Norman Gardens  
4994 8200  
[sanr\\_office@rok.catholic.edu.au](mailto:sanr_office@rok.catholic.edu.au)  
Principal: Michael Roach

 **St Mary's School**  
North Rockhampton  
4994 8210  
[smnr@rok.catholic.edu.au](mailto:smnr@rok.catholic.edu.au)  
Principal: Simon Warren


 **St Joseph's School**  
Park Avenue  
4994 8205  
[SJPA\\_Office@rok.catholic.edu.au](mailto:SJPA_Office@rok.catholic.edu.au)  
Principal: Bernard Fitzgerald

 **Emmaus College**  
North Rockhampton  
4923 5700  
Principal: Eamon Hannan

 **St Joseph's School**  
Wandal  
4994 8230  
[sjwl@rok.catholic.edu.au](mailto:sjwl@rok.catholic.edu.au)  
Principal: Bernadette Brennan

 **St Peter's School**  
Allenstown  
4994 8225  
[spr@rok.catholic.edu.au](mailto:spr@rok.catholic.edu.au)  
Principal: Peter Smith

 **St Paul's School**  
Gracemere  
4994 8235  
[spgr@rok.catholic.edu.au](mailto:spgr@rok.catholic.edu.au)  
Principal: Anthony Greene

 **The Cathedral College**  
Rockhampton  
4999 1300  
Principal: Rob Alexander

# Rockhampton Catholic Parishes:

**Baptisms:** Contact the parish office for more details on bookings and the required preparation sessions.

**Marriages:** Advanced notice and preparation is required (six months minimum). Contact the parish office for more details.

**Funerals:** Contact the parish office or email - [funerals@rok.catholic.net.au](mailto:funerals@rok.catholic.net.au)

**Hospital Visitation:** Rockhampton Base Hospital - To arrange a pastoral or sacramental visit while in Rockhampton Hospital email [pastoralcare.rockhampton@rok.catholic.net.au](mailto:pastoralcare.rockhampton@rok.catholic.net.au)

**Becoming a Catholic** - If you or someone you know would like to become Catholic, contact the parish office or email - [rcianorthrocky@gmail.com](mailto:rcianorthrocky@gmail.com)

**Rockhampton Parishes Pastoral Council** - The Rockhampton Parishes Pastoral Council (RPPC) consists of elected members from each Parish and meet regularly. If you would like to contact a member of the RPPC please speak to your parish representative or email: [RPPC@rok.catholic.net.au](mailto:RPPC@rok.catholic.net.au)

## PLEASE REMEMBER IN YOUR PRAYERS

**Recently deceased:** Br Peter Clinch cfc, Robert Slade, Pauline Bowie,

**Anniversaries:** We remember all those who are resting in eternal peace.

**Those who are sick:** Marietta Scott, Mary Busby, Colleen Keeley, Graham Swadling, Raymond Trevaskis, Barbara Trevaskis, Stephen Balkin, Fr Peter Tonti, Ronnie Camenzuli, Sarah Siganto, Barry Clanfield, Alan and Joy Liddell, Connie Waldron, Graham Guth, Lorraine Charles, Don & Donna Wedel, Carmel Kendall, Narelle Beavan, Allana Brooks, Penny Desouza, Angela White, Michael Webb, Stephen Jones, Elaine Winter, June Poole & The Poole family, Marion Brigg, Cherry Butac, Gino Abenzi, Daisy Maturin, Linda Samms, Jeanette Allen, Barry Carter, Annielyn Punzalan, Jean Battour, Michael Harris, Bev Bartlem, Kelly Reynolds, John Dobson, Patricia Fern-Smith, Beverley Johnson, Goronwy Jones, Tony Wilkinson, John Manwaring, Christopher Steer, Patricia Ann Borthwick

*When providing names, please indicate which list the person needs to be on. When requesting family and friends be included in the sick list, ensure you have their permission. If circumstances change and the person listed can be removed from the sick list advise the Parish Office.*

*Most Reverend Michael McCarthy  
Bishop of Rockhampton  
invites the people of the Diocese to the  
Presbyteral Ordination of*



*Rev Peter Duncan Doherty*

*10.00am, Thursday 22<sup>nd</sup> February 2024  
St Joseph's Cathedral*

*Rev Peter's Mass of Thanksgiving will be  
celebrated Friday 23<sup>rd</sup> February at  
9.00am at St Joseph's Cathedral*

For those unable to join in person, both events can  
be watched online at:

<https://www.youtube.com/user/StJosephsCathRton>

## CHOIR REHEARSAL FOR THE PRESBYTERAL ORDINATION OF REV PETER DOHERTY

If you wish to join the choir for the Presbyteral Ordination and Mass of Thanksgiving of Rev Peter Doherty your attendance at the following rehearsals is required and greatly appreciated at St Joseph's Cathedral:

Tuesday 13 February 6.00pm – 7.30pm

Tuesday 20 February 6.00pm – 7.30pm

Thursday 22 February from 8.00am

Fr Andrew Hogan MC & Joy Philippi – Conductor

**Project Compassion Sunday  
10 & 11 February**



Please take home a Project Compassion box or a set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **for all future generations**. With your support, Caritas Australia has been able to support vulnerable communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction to build a better future for all.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **for all future generations**.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion) or by calling 1800 024 413.



## ASH WEDNESDAY MASS TIMES— 14 February 2024

7am Holy Family Church  
9am St Mary's Church  
9am St Joseph's Cathedral  
12noon St Joseph's Cathedral  
5:30pm Our Lady Help of Christians, Park Ave



## ADORATION THIS WEEK:

Adoration every Thursday at St Mary's Church,  
Nobbs Street from 4:30-6:30pm



## WEEKDAY MASS TIMES Week of 12th February

Monday:	7:00am	St Joseph's Cathedral
Tuesday:	9:00am	Holy Family Church
	5:30pm	St Joseph's Cathedral
<b>ASH WEDNESDAY</b>	7:00am	Holy Family Church
	9:00am	St Mary's Church
	9:00am	St Joseph's Cathedral
	12:00 noon	St Joseph's Cathedral
	5:30pm	Our Lady Help of Christians
Thursday:	8:00am	St Joseph's Cathedral
	4.30-6.30pm	Adoration at St Mary's Church
Friday:	9:00am	Our Lady Help of Christians
	12:00 noon	St Joseph's Cathedral
Saturday:	9:00am	St Joseph's Cathedral

## Penance:

Saturday 9:30-10:30am St Joseph's Cathedral  
Saturday 4:00-4:30pm Holy Family Church

## Anointing of the Sick:

1st Saturday of the month during the 9am Mass at  
St Joseph's Cathedral.

1st Friday of the month during the 9am Mass at Our Lady  
Help of Christians, Park Avenue

## BAPTISMS THIS WEEKEND

This weekend we welcome Spencer West & Bennett West and their family as the children are blessed with the waters of baptism at St Joseph's Cathedral. Please keep Spencer and Bennett in your prayers



**DO YOU WANT TO MAKE A DIFFERENCE  
IN OUR COMMUNITY? YOU'RE INVITED TO**

## Join the St Joseph's Online Conference

We are taking expressions of interest.  
Meetings will be monthly, online via Microsoft Teams.  
Training will be provided.

### HOW YOUR PASSION AND SKILLS CAN HELP MAKE A DIFFERENCE

- Provide a listening ear to people in difficult situations, over the phone or internet
- Arrange assistance where needed
- Refer and guide people to other community sources of help
- Enhance and share your faith journey with other like-minded people in a virtual environment
- Use technology and input data
- Make remote payments
- Help people and more...

Express your interest by scanning the QR code or emailing: [membership.rocky@svdpqld.org.au](mailto:membership.rocky@svdpqld.org.au)  
National Police Check will be required.



## THE WORLD COMMUNITY FOR CHRISTIAN MEDITATION

Meditation, pure prayer is about coming to stillness of spirit and body.

You are invited to join the Rockhampton meditation group at:-  
**Middle Hall,**

**The Range, 6pm on Tuesdays.**

Contact Barb Hoare by email [wccm.rton@gmail.com](mailto:wccm.rton@gmail.com)



**St Vincent de Paul Society**  
QUEENSLAND  
*good works*

## 2024 PIETA LENTEN PROGRAM RESOURCE AVAILABLE FROM ST JOSEPH'S CATHEDRAL GIFT & BOOKSTORE

Embark on a transformative Lenten journey with *Pietà*, an exquisite book and Triple CD Resource containing short daily reflections (from Ash Wednesday to Easter Sunday) perfect for individual devotional reading in addition to the longer-form Sunday Scripture readings, reflections, prayers, questions and visio divina that traditionally form part of Lenten group gatherings. For more information contact Helen Godwyn at St Joseph's Cathedral Gift & Bookstore on 07 4921 2170 or email [cathedralbookstore@rok.catholic.net.au](mailto:cathedralbookstore@rok.catholic.net.au)

## MENALIVE SCRIPTURE JOURNALING GROUP

All men are welcome to come along to the café area of Frenchville Sports Club on Mondays at 7pm to catch up, pray and discuss the gospel of the day. Newcomers are always welcome, just bring along a pen and paper. For more information contact Kevin at [kjpeagam@gmail.com](mailto:kjpeagam@gmail.com) or 0407 589 674.



**BEEF  
2024**

**ROCKHAMPTON  
AUSTRALIA  
MAY 5-11**

## VINNIES Youth *good works* NEEDS YOU!

Calling all young adults aged 14-400! If you are passionate, motivated, enthusiastic, committed, friendly and keen to jump in and have a go...Then our Vinnies Youth Young adult conference is just the group for you! If you would like to learn more, check out the poster at the front of the church, or contact Samara Thompson—Youth Engagement & Development Coordinator on 0409 495 020

## ACCOMMODATION



from **\$495** per room per night  
Ocean views available

\*Conditions apply. For more information contact The Haven on 0438 507 917 or [manager@havenemupark.com.au](mailto:manager@havenemupark.com.au)

## ECUMENICAL CORNER

In the Gospel of John 17:21 the phrase "that the world may believe" has been so strongly emphasized, that at times we run the risk of forgetting that, in the evangelist's mind, "unity is above all, for the glory of God". At the same time, it is obvious that the lack of unity among Christians seems to contradict this Truth - that we as Christians have this as our mission. Pope Paul points out, that as a consequence, we "may, gravely damage our witness". (see Paul VI, Art 98 "That They May All Be One").

Take a few moments to reflect on this teaching. What is it saying to you?

## YOUTH GROUP DATE CLAIMER

All high school students are invited to our Rockhampton Catholic Youth launch event – an afternoon of games, friends, Mass & Pizza!

**When:** 3pm on Saturday 24<sup>th</sup> of February

**Where:** Cathedral Centre

For more details or inquires contact [youth@rok.catholic.net.au](mailto:youth@rok.catholic.net.au)



The Catholic Diocese of Rockhampton abides by the principles of the National Catholic Safeguarding Standards (2022) and is committed to safeguarding, with a specific focus on protecting children and adults at risk. For further information or support please contact the Diocesan Professional Standards and Safeguarding office:

Response line: 1800 830 113 (free call) or Email: [pssomanager@rok.catholic.net.au](mailto:pssomanager@rok.catholic.net.au)

For more information see the Diocesan website: <http://rok.catholic.net.au/our-diocese/safeguarding/>

Queensland Professional Standards Office: [www.psoqld.catholic.net.au/](http://www.psoqld.catholic.net.au/)

Your Local Parish Safeguarding Representatives:

Kathy Bryan – St Joseph's Cathedral

Shaun Pettett – Our Lady Help of Christians

Helen Mollard – Holy Family

Mike Kelso – St Mary's

# NEW CAR?

Don't do anything without talking to  
**JOY BAKER**  
AT TROPICAL AUTO GROUP



Call Joy today on 4931 9304 - 0403 166 258  
or email [jbaker@tropicalauto.com.au](mailto:jbaker@tropicalauto.com.au)



**C.T. HARRIS**  
& COMPANY

Chartered Accountants

Level 5  
111 Victoria Parade  
Rockhampton QLD 4700  
PO Box 92  
Rockhampton QLD 4700  
Ph: (07) 4927 8822

[www.ctharrisco.com.au](http://www.ctharrisco.com.au)



**TUCKER & NANKIVELL**  
FUNERAL & CREMATION DIRECTORS

SERVICING CENTRAL QUEENSLAND & SURROUNDS FOR OVER 150 YEARS

Burial  
Cremation  
Central Queensland's  
largest private chapel

Memorial services  
Pre-arranged funeral plans  
Pre-paid funeral plans  
Motorbike hearse

CALL (07) 4927 2500  
AVAILABLE 24 HRS 7 DAYS  
[TUCKERSFUNERALS.COM.AU](http://TUCKERSFUNERALS.COM.AU)  
166 ALMA STREET, ROCKHAMPTON

**FINLAYSON & MCKENZIE**  
FUNERAL DIRECTORS



A.F.D.A.

Grantley Perry M.B.E., M.A.E. - Manager

Telephone: (07) 4922 1269  
Mobile: 0419 770 070 - Fax: 4922 2275  
Office: 56 William Street, Rockhampton



Proudly your local bakery at 3  
Convenient Locations

**ALLENSTOWN, GRACEMERE  
& PARKHURST**

*Handcrafting 100% preservative free bread daily*



**BEVERLEY SMITH**

**The Agency  
Real Estate**

0418 792 242



**Licensed Plumber,  
Drainer and  
Gas Fitter.**

Prompt, friendly  
and quality service

Investment & Domestic Properties • All repairs, maintenance and renovations • Hot water service  
Blocked Drains - 7 days a week Gas installations and repairs • Gas leaks • Compliance Certificates

Phone Mat 0438 149 817 QBCC. 1206893



Dr Gregory Moore

Dr Turna Mandal

Your Local Dentists

392 Dean Street

Ph: 4926 1887

**PINAY STORE/ORNAMENTS**

266 Murray Street Allenstown 4700  
0428 046 172  
9am - 5pm 7 Days  
Cash / Card Accepted



**You  
matter**

Your locally trusted community  
service provider for over 45 years.

- Aged Care
- Disability
- Family Support
- Counselling



[www.catholiccarecq.com](http://www.catholiccarecq.com) | Call 1300 523 985



**FRENCHVILLE  
SPORTS CLUB**

105 CLIFTON ST  
NORTH ROCKHAMPTON



**COMPLIMENTARY  
COURTESY BUS**

Tuesday to Saturday

Phone 4932 6800  
to book



**FREE KIDS CLUB**

Welcome gift, birthday present,  
VIP event access and more!

Signup for free  
at reception