



Changes in our Churches to Prevent the Spread of the Coronavirus



No Holy Water

Holy Water will be temporarily removed from stoups at doors of churches. Holy Water will be available for take home use – please bring your own clean container.



Communion Under One Kind

Communion from the Chalice will cease until further notice - except for the Celebrant. Christ remains fully present under both kinds.



Ministers Wash Hands

All ministers of Holy Communion should take particular care to wash their hands before and after distribution.



No Handshake at Sign of Peace

When exchanging the Sign of Peace avoid shaking hands but say “Peace be with you” and offer a smile, wave or nod.



Communion In The Hand

One of the easiest ways to transmit viruses is by the transmission of saliva, therefore Communion will be received only in the hand.



If Sick or at Risk - Stay Home

If you have flu like symptoms, consider others and stay home. Or if you are at particular risk of contracting the virus stay home as well. Sunday Mass from St Joseph’s Cathedral can be viewed at home on YouTube -

<https://www.youtube.com/user/StJosephsCathRton> or on TV through Mass For You At Home (see TV Guides)