

HAVE U HERD?

Issue 14

February 2012

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To subscribe to the Youth Ministry Newsletter "have u herd?" please email Lauren Cole on youth@rok.catholic.net.au

Welcome Back!

Welcome to the first edition of "Have u Herd?" for 2012. It is so exciting to be back in the office after taking a month off over the Christmas period!

I have a feeling that 2012 is going to shape up to be an even bigger and more jam packed year than 2011.

In this edition you will find information regarding some of the upcoming youth ministry events. If you would like further information on any of these events, please do not hesitate to contact Lauren Cole—Diocesan Youth Ministry Coordinator on the details on the back page.

Also included in this issue is a short reflection of Jordan Cameron's experience of the Zero Gravity Camp he attended in Brisbane over the Christmas holidays. If you would like further information regarding this even for 2013, once gain, please contact the Diocesan Youth Office.

I would like to take this opportunity to thank everyone for their continued support of youth ministry in the Rockhampton Diocese. Your constant emails of support and encouragement are certainly appreciated more than words could describe.

I hope that 2012 is a healthy, prosperous and blessed year for each of you.

God Bless,
Lauren Cole
Diocesan Youth Ministry Coordinator.

The next edition of "Have u Herd?" will be released beginning of May so keep your eyes out for this one!

Don't forget to check out our website
www.rokyouthministry.com.au



movers & shakers 2012

“A dynamic week that inspires, transforms and challenges young people to be the best leader they can be.”

Since 1990 Movers and Shakers has developed into a key strategy in the development of young leaders within the Catholic Church in Queensland and beyond. It plays an important role in youth ministry training as it addresses the Christian leadership training needs of many parishes and schools. This program has been developed to be as experiential as possible and invites young people to reflect on the various activities they will participate in and discover for themselves the learning's that will emerge.

The young people will share in small groups and will be challenged to work together in problem solving situations. During the program, a team of adults, most of whom are youth ministry professionals, and young adult's, will model a collaborative approach to leadership.

For a registration form, please contact your school APRE or Campus Minister or contact Lauren Cole in the Diocesan Youth Office on the details listed on the back page.

young adult's western camp out

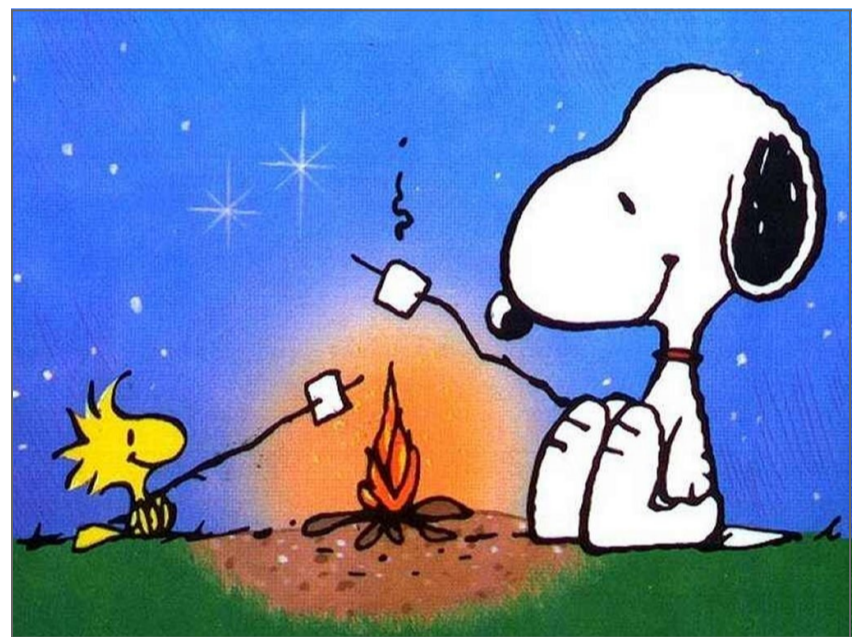
Ever wanted to experience the serenity of the bush? Would you like the chance to connect in with some young people who rarely have the chance to travel to Rockhampton to participate in our events? As an initiative of the Diocesan Youth Office and in conjunction with the community of Longreach, you will have the opportunity to participate in our Western Camp Out Experience. The weekend will consist of reflection, activities and Mass.

Who for: 16 - 35 year olds

Where: "Marchmount" Ilfracombe

Cost: \$120 if you require transport. \$65 if you find your own way.

Transport: A van/mini bus will be departing Rockhampton at 7:30am sharp on Friday 4th May 2012. We will be able to pick up passengers along the way if we have space. For more information, please contact Lauren Cole on (p) 4931 3628 or (e) youth@rok.catholic.net.au



Places on the mini bus/van will be limited so get your registration form in now so you don't miss out!



The Daily Examen

The Daily Examen is a technique of prayerful reflection on the events of the day in order to detect God's presence and discern his direction for us. The Examen is an ancient practice in the Church that can help us see God's hand at work in our whole experience.

Visit <http://ignatianspirituality.com/ignatian-prayer/the-examen/> for a step by step guide on the Daily Examen including a print out for your use.



2012 Rockhampton Diocesan Youth Ministry Calendar

<p>January</p> <ul style="list-style-type: none"> • 6th—10th—BEAT School of Music (Brisbane) • 12th—15th Zero Gravity Camp (Brisbane) 	<p>February</p> <ul style="list-style-type: none"> • Wisdom Retreat—10th—12th (Manly, QLD) 	<p>March</p> <ul style="list-style-type: none"> • 2nd—4th—Walk With Me—Young Adult's Silent Retreat (Emu Park) 	<p>April</p> <ul style="list-style-type: none"> • 1st—5th—Movers and Shakers (Toowoomba)
<p>May</p> <ul style="list-style-type: none"> • 4th—7th—Western Camp-Out (Longreach) • 16th—18th—Year 11 ACTS Camp (Yeppoon) 	<p>June</p>	<p>July</p> <ul style="list-style-type: none"> • 13th—15th—Young Adult's Retreat (Emu Park) 	<p>August</p> <ul style="list-style-type: none"> • 25th—26th—Diocesan Youth Celebrations (Rockhampton) • 29th—31st—Year 10 ACTS Camp (Yeppoon)
<p>September</p> <ul style="list-style-type: none"> • 21st—23rd—Australian Catholic Youth Ministry Conference (Woollongong) • 27th—30th—Ignite Conference (Brisbane) 	<p>October</p>	<p>November</p> <ul style="list-style-type: none"> • 9th—11th—Young Adult's Vocations Retreat (Emu Park) 	<p>December</p>

Please be advised that these are the events for which dates have already been booked. Further events will be held throughout 2012 and information regarding these events will be released in due course. For more information regarding any of these events, please contact Lauren Cole on (p) 4931 3628 or (e) youth@rok.catholic.net.au

please note

Unfortunately, registrations for the Young Adult's Silent Retreat "Walk with Me" are now closed. Due to such an amazing response, all places have been filled.

If you would like to be added to the emailing list to ensure you receive information regarding youth ministry events as soon as they are released, please email Lauren Cole on youth@rok.catholic.net.au

zero gravity

From the 11th January to the 16th January 2012, I participated in The Zero Gravity camp run by Emmanuel Worship at Mount Tamborine, Brisbane. Put into two words, the camp was "Life Changing."

I flew to Brisbane with a fellow camp participant, Cody on the 11th of January. When we arrived at the Brisbane Airport, we were greeted by Michael Ruigrok, a fellow Zero Gravity attendee. Michael along with his Dad, Marty, were kind enough to billet us for the night. After a great night's sleep, we set off early in the morning to catch the bus to Mount Tamborine.



Upon arrival, the first thing I noticed was how excited and ecstatic everyone else was to be on camp, since they had almost all previously participated in the same camp. To be honest, I was a bit sceptical. After the first day of settling in, we had our first night of worship. The one thing I noticed about the group of young people was how free they were, how they weren't afraid to go right in front of the band, shout the words, and jump up and down during the choruses with their hands raised in the air. My only thought was that I wished that I could be free like these young people, to shout out in worship.

My chance to really experience this camp came on the third night. After three days and two nights of talks, activities, and games, I was tired, and just wanted to go home. However, everyone that had been to a Zero Gravity before was raving about the night and how it was called the "Holy Spirit Night." Holy Spirit Night had three main activities; Prayer, Reconciliation and Worship. I thought prayer sounded interesting, so I went along to that. This was the first time I had ever experienced the prayer of the laying on of hands and speaking in tongues. It was something that I had never been a part of before. After the experience I had in the prayer room, I felt as though I came out a different person, I felt as though I had a life changing experience.

To any young person who is still at school, I strongly encourage you to go to Zero Gravity, it is the experience of a life time. If you go, be open to everything and you won't regret it.

Written by Jordan Cameron (2012 Zero Gravity participant)

QLD Youth Environment Council

Vibrant young people wanting to make a difference and conserve Queensland's precious environment are invited to become members of the Queensland Youth Environment Council and advise government on key issues.

Young people between the ages of 15-25 are encouraged to apply.

For more information visit www.qyec.org.au

Diocesan Youth Ministry Coordinator wins Scholarship

Media Release

15 December, 2011

The Bishops Commission for Pastoral Life (BCPL) in partnership with The Broken Bay Institute (BBI) is happy to announce the winner of this year's youth ministry scholarship.

Ms Lauren Cole, the Diocesan Youth Ministry Coordinator for the Rockhampton Diocese has been awarded a full scholarship to study the BBI-University of Newcastle Graduate Certificate in Theology, specialising in Youth and Campus Ministry in 2012 and 2013.

Lauren has been working for the Rockhampton Diocese for 12 months. She previously worked in the Townsville diocese with the Young Christian Students movement.

Lauren was ecstatic to receive the news of her successful application.

"It is fantastic to be offered this opportunity as this is something I have always wanted to do," said Lauren.

"I am so excited about this chance to study and I am looking forward to deepening my understanding of youth ministry as it will allow me to carry out my role and mission at a much deeper level", she said.

This Youth Ministry Scholarship is a first for the Church in Australia and has been widely acclaimed and promoted. Malcolm Hart, Senior Youth Ministry Projects Officer for the BCPL, identified that there has been positive feedback from all over the country and even internationally.

"Youth ministers and church leaders have praised this opportunity for emerging and established youth ministers" said Malcolm.

"It supports the outcomes of the Bishops Youth Leaders Gathering in 2008 which identified the need to have comprehensive training opportunities in youth ministry", he said.

"It has generated a lot of discussion about the need for youth ministers to have grounding in theology, scripture and youth ministry theory and practice, as is offered by the BBI-UoN Graduate Certificate."

BBI Director Gerard Goldman expressed his happiness at being involved in such a positive opportunity for those who are committed to sharing the message of Jesus Christ with the youth of today.

"BBI is committed to the support and formation of youth ministers in Australia. It has been a privilege to be a part of this scholarship as it highlights the need for lay ecclesial ministry, especially youth ministry, to be supported with appropriate formation experiences which can help connect young people with Jesus through the Church", he said.

Lauren's full scholarship valued at \$5,140 is joined with by two additional part scholarships (valued at \$2,570 each). These were awarded to Fernando Farrugia, a Religious Education Coordinator in Adelaide and Christian Nobleza, a Religious Order youth minister in Brisbane.

It is hoped that in the future more scholarships of this nature will be made available. The BCPL will liaise with BBI in the coming months to reflect on possible future scholarships.

For media enquiries or to arrange interviews with Lauren Cole, Malcolm Hart or Dr Gerard Goldman please contact Beth Doherty on 0407 081 256.

Taken from <http://mediablog.catholic.org.au/?p=435>



find a word

F K I N W N D N K G I K D C P V E K H U
R Q L V P S B Q C N O I W F A P N A O D
A P U F P V Q F S A V I K H R L E D L F
D Y R Y W U X P Y G N Z X O B I D G Y E
I L H O F M I K T F U O P O D Y Y B S D
R Z C I P R U G D G P H N H Y H D X P E
O V I H A H O L D T E S T A M E N T I R
V T W T U T E Q X T B T L B I B L E R C
C E I Y M E W C S A U I V Y V C V I I A
H O R E R U T P I R C S Y L O H U Z T S
N E L S N G P F R E R O E T A G L U V W
L A W J E Y E E S I S I O B V A F X T C
U U V V S S C T N E M A T S E T W E N H
S E L T S I P E H T L R A E N L W Q S A
A F O J B B L A V G A B Q L S U D A M P
B C D I H F I X I X Y T A B O O K S L T
Y A S E B S H Y Z E A P E R T M W T A E
V Y P I S C Z V J Y G X V U A Y E X S R
H V H E V A N G E L I S T S C P X L P S
Z J M M C D N Y Q D N H U J A H I F L I

Bible
Books
Canon
Chapters
Epistles
Evangelists
Holy Scripture
Holy Spirit
Inspiration
Law

Messiah
Old Testament
Parables
Pentateuch
Prophets
Psalms
Sacred
Verses
Vulgate
New Testament

a “Pint of Faith”

Meeting every third Friday of the month, a “Pint of Faith” is a chance for the young people of Rockhampton to share a meal and hear the hard facts about faith, life and God.

Who for? 18—40 year olds

When: Every 3rd Friday of the month

First session: 17th February 2012

We will be joined by guest speakers David McGovern and Jenny Simpson from Catholic Missions presenting “Hands on Heroes”

Time: 6:00pm - 7:30pm Dinner / 7:30pm—9:00pm Guest Speaker

Where: Park Avenue Hotel, Main Street, Park Avenue
(please go to the function room or ask staff for assistance)

Cost: The cost of your meal and drinks when you order and pay
(Meals range from \$15—\$40)

RSVP is appreciated for booking purposes.

For more information, contact Lauren Cole on (p) 4931 3628 or (e) youth@rok.catholic.net.au

encounter Timor-Leste

Want to experience a different culture, different environment, different world view? Then experience Palms Australia's Encounter Timor-Leste.

Encounter participants witness at very close range the lives of people seeking their own sustainable development and the volunteers who sharing their skills and abilities are helping them. Encounter participants do not make fleeting visits for photographic opportunities of "simple village life" and then return to a 4/5 star air-conditioned accommodation. Encounter participants move amongst the community, accommodated in environmentally-friendly eco-accommodation. *(taken from Media Release)*

For more information regarding dates and prices for Encounter Timor-Leste, please visit www.palms.org.au/encounters or email encounter@palms.org.au

Year of Grace

The Year of Grace is the Australia bishop's gift to the Church to celebrate and renew our faith and lives as Catholics. It will take place from Pentecost 2012 to Pentecost 2013.

To see the welcome message from Archbishop Philip Wilson please visit, <http://www.yearofgrace.catholic.org.au/>

Information regarding Year of Grace in the Rockhampton Diocese will be released in due course. For more information, please contact Marg Hallinan on 4931 3643.



Some time for reflection

To “let go” does not mean to stop caring,
it means I can’t do it for someone else.

To “let go” is not to cut myself off;
it’s the realisation I can’t control another.

To “let go” is not to admit powerlessness,
which means the outcome is not in my hands.

To “let go” is not to enable,
but to allow learning from natural consequences.

To “let go” is not to try to change or blame another,
it is to make the most of myself.

To “let go” is not to care for,
but to care about.

To “let go” is not to judge,
but to allow another to be a human being.

To “let go” is not to be in the middle arranging all outcomes,
but to allow others to affect their destinies.

To “let go” is not to be protective
it’s to permit another to face reality.

To “let go” is not to deny,
but to accept.

To “let go” is not to criticise and regulate anybody,
but to try to become what I dream I can be.

To “let go” is not to regret the past,
but to grow and live for the future

To “let go” is to fear less,
AND LOVE MORE.

(Author unknown)



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Centacare

(p) 1300 523 985
(w) http://www.centacare.net/

The Diocesan Centre

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Please call the above numbers for further information regarding
their respective ministries.